If you or a loved one suffers from chronic pain, and traditional medicine is providing no relief, P-STIM™ may be your answer.

What does P-STIM treat?

P-STIM can help patients with acute and chronic pain conditions. The P-STIM device is FDA approved for the treatment of chronic pain, including:

- Back Pain
- Sciatica
- Neck Pain
- Arthritis & Joint Pain
- Fibromyalgia
- Shingles-Related Pain
- Cancer Pain
- Post-Operative Pain
- Neuropathies



P-STIM[™] for chronic pain relief is performed by Dr. Rick Lambert, MD, at Montvale Surgical Center in Montvale, New Jersey.



Dr. Rick Lambert is a graduate of the NYU School of Medicine and is board certified in the fields of Internal and Emergency Medicine. His interest in alternative approaches to care led him to become certified in Acupuncture as well.

Over the years, his personal interest in meditation, yoga, the martial arts and self awareness has given him a different, more balanced perspective on the true meaning of health. He has a deep interest in his patients' well-being and in providing a healing environment for them.

A Patient of Dr. Lambert Says...

Today, I just completed my seventh week with P-STIM... I had a bit of skepticism, but after living with varying degrees of pain for many years, I felt I had nothing to lose by trying it.

My decision to try P-STIM is undoubtedly one of the wisest decisions I have made relative to my health care. Quite simply, I am ecstatic with the results!

- B.J. -

Call Dr. Rick Lambert at (201) 326-4788 to see if P-STIM therapy is right for you.







Pulse Stimulation
Treatment
for Chronic Pain Relief

Innovative P-STIM™ Pain Therapy

Chronic pain can drastically harm your quality of life. In the past, drugs and surgery were the only ways of managing chronic pain. Today, patients who wish to avoid the complications of drugs and surgery have a choice of alternatives. The P-STIM is one such alternative —a wearable device that treats pain with virtually no side effects.

What is the P-STIM?

The P-STIM is a micro-stimulation appliance for pain therapy that is worn comfortably behind the ear. Controlled by a microprocessor, it delivers small, low-frequency, electrical pulses transmitted to the nerve endings in the ear. This stimulation

results in a release of endorphins, the body's natural pain killers.

The P-STIM stimulates blood circulation and allows for continuous pain therapy without the use of drugs or surgery.



How is it administered?

Rick Lambert, MD, performs P-STIM treatment at Montvale Surgical Center in Montvale, NJ. In this sterile outpatient set-up, he uses the P-STIM pointer to locate three points on the ear that are rich in nerve endings. The P-STIM device is then connected at these key points.

P-STIM treatment begins when the batterypowered, adhesive electrode is activated to stimulate the nerve endings at the connected positions on the ear. Acupoint finder locates points of low electrical resistance on the ear for maximal effect



P-STIM device is placed behind the ear by an adhesive electrode Stimulation "needles" attach to the ear at three points of contact

P-STIM provides safe, steady electrical impluses over a period of four days and offers the patient a high degree of comfort and mobility.

Is P-STIM safe?

Yes. P-STIM treatment has few adverse effects. Occasionally, some patients may experience side effects such as mild lightheadedness or nausea, but these are rare and generally temporary.

P-STIM can also be combined with other forms of pain therapy so the patient can achieve optimum results.

What to expect.

The P-STIM is typically worn for four days at a time. Every 3 hours while worn, the P-STIM delivers a small electrical pulse. The pulse can feel like a mild tapping. For most patients, this tapping sensation diminishes over time.

The P-STIM weighs just 7 grams and is hardly noticeable when worn. While undergoing treatment, you may continue your regular activities, though patients should keep the device from getting wet, as this can damage the P-STIM.

Results.

On average, it takes 4–6 weeks of treatment for a patient to see results. Most patients happily report a marked improvement in their overall quality of life.

Call (201) 326-4788 to get started today!

